

Be prepared for Emergencies!

Excerpted, with permission, from *The Safe Baby* by Debra Holtzman

Form for Emergency Numbers

Use this form to collect all emergency numbers for use in your home. In a crisis situation, it should be handy for you or anyone staying in your home to use. Post a copy near every telephone and on the refrigerator. Put emergency numbers in your cell phone.

Emergency 911 or 0 Police _____

Fire Department _____ Ambulance _____

Pediatrician _____ Family doctor _____

Dentist _____ Poison Control Hotline 1-800-222-1222

Pharmacy _____ Out-of-town contact _____

Veterinarian _____

Information to Give in Emergencies

Home address (include all cross streets so that directions can be given)

Home phone number _____

Personal information about the child:

Child's name _____

Date of birth _____

Weight _____

Allergies _____

Current medications _____

Medical conditions _____

How to reach family members:

Mom's cell & work numbers _____

Dad's cell & work numbers _____

Nearest relative or neighbor _____